



AN OASES COMMUNITY  
LEARNING ACTIVITY

March 6, 2010  
oases breakfast



## Creativity and presence in everyday moments

Dr Jan Allen

*As Stern (2004) suggests, the idea of 'presentness' is the key to truly lived moments. The aim of this breakfast session is encourage a 'walk around' in the micro world of the present moment. The invitation will be to enter the breakfast experience with an awareness of your spontaneity and aesthetics and to represent something of your experience visually and finally enter into a conversation about this visual forming with others.*

*Stern, D. (2004) The present moment in psychotherapy and everyday life. New York: W. W. Norton & Co.*

**Dr Jan Allen** is the current director of MIECAT, is interested in collaborative arts based inquiry and takes photographs in her spare time!

*Come and be inspired and challenged!*

**Time** 9am breakfast

**Cost** \$25, \$15 con.

**Bookings:**

Ph. 9819 3239 or

9819 3502

**Venue**

Augustine Centre

2 Minona Street, Hawthorn

Melway ref: 45, E11 (near Auburn  
and Glenferrie train stations)

**oases Masters Program in Integrative and Transformative Studies —  
learning for personal growth and global response-ability**

[www.oases.edu.au](http://www.oases.edu.au)

Our partners



Augustine Centre



habitat uniting church  
a centre for spirituality



## Oases breakfasts 2010

Feb. 6	Gandhi event oases participants	<i>Ghandi Library event &amp; OASES participants sharing of their experiences in the graduate program</i>
March 6	Dr. Jan Allen	<i>Creativity and presence in everyday moments</i>
April 3		<i>Easter – no breakfast</i>
May 1	Friends	<i>In memorioum – Ken Fernandez Life, Death and Inbetween</i>
June 5	Jenni Goricanec	<i>Towards Creating Sustaining Futures</i>
July 3	Len Puglisi	<i>Nature's home or growth engine – Where to the cities?</i>
August 7	Dean Merlino	<i>Arts out Loud – Community Art</i>
Sept 4	Speaker TBC	<i>Alara (Action Learning and Research Association)</i>
October 2	Xris Reirdon	<i>Learning from Boal: Theatre of the oppressed</i>
Nov 6	Chris Rowntree	<i>Marvellous Medieval women (Arts coordinator Centre for Theological Ministry)</i>
Dec 4	oases participants	<i>Participants share of their experience in the oases graduate program</i>

\* While dates will remain the same, occasionally the speakers will be subject to change!

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